Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

- 1-12. (Cancelled)
- 13. (New) A method for producing a heat exchanger header tank from plastic by means of injection molding, comprising:

injection molding in an injection molding apparatus, at a first temperature to form a heat exchanger header tank, a plastic composition consisting essentially of a polyamide that contains a crystallization accelerating agent;

during the injection molding step, adding to the plastic composition under pressure a physical blowing agent comprising a gaseous composition;

removing the molded heat exchanger header tank from the injection molding apparatus while the surface of the plastic material is at a second temperature that is below the first temperature and greater than a temperature at which injection molded polyamide heat exchanger header tanks are normally removed from injection molding apparatus; and

immediately inserting into the removed heat exchanger header tank a tensioning member for preventing significant changes in shape of the header tank.

- 14 (New) The method as claimed in claim 13, wherein the physical blowing agent comprises pressurized CO₂ and/or N₂.
- 15. (New) The method as claimed in claim 13, wherein the plastic composition is reinforced with glass fibers.
- 16. (New) The method as claimed in claim 13, wherein the heat exchanger header tank is removed from the injection molding apparatus at a plastic composition surface temperature that is greater than 80 degrees C.
- 17. (New) The method as claimed in claim 16, wherein the heat exchanger header tank is removed from the injection molding apparatus at a plastic composition surface temperature of $120^{\circ} \pm 10^{\circ}$ C.

- 18. (New) The method as claimed in claim 13, wherein the blowing agent is fed under a pressure of 50-250 bar.
- 19. (New) The method as claimed in claim 13, wherein the blowing agent is supplied at a screw during injection molding.
- 20. (New) The method as claimed in claim 13, wherein the blowing agent is supplied upstream of a mold during injection molding.
- 21. (New) The method as claimed in claim 13, wherein the blowing agent is supplied directly into a mold during injection molding.
- 22. (New) The method as claimed in claim 13, wherein the blowing agent is fed under a pressure of 5-30 bar.
- 23. (New) The method as claimed in claim 13, further comprising removing the tensioning member from the heat exchanger header tank and immediately thereafter assembling the header tank to a heat exchanger header member.
- 24. (New) The method as claimed in claim 23, wherein the heat exchanger header tank is assembled to a heat exchanger header member within about one minute after removal of the tensioning member.